



### Is it just me or has this year flown by?

We've successfully completed the full NDIS audit, introduced a new on-line training system for our employees, and attended several expos just to name a few highlights.

At Parkside, we continue to offer a range of wonderful programs, ensuring that there's something for everyone. This includes skill-based programs, weekend getaways, leisure activities, arts and crafts, and much more. From the great photos shared in this newsletter, it's clear that you've enjoyed the programs on offer.

A big thank you to our incredible team of talented employees for their dedication and support in giving participants a great experience. Your efforts truly make a difference!!

Thank you all for your continued support of Parkside and we look forward to seeing you all in 2025.

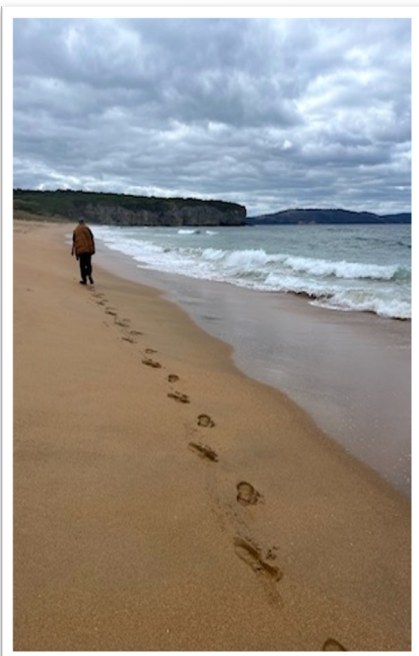
Wishing you and your family a Merry Christmas and a Happy New!

Warm regards

*Belinda*



## INDIVIDUAL SUPPORTS



Adam enjoyed a walk at Clifton Beach during his individual support.

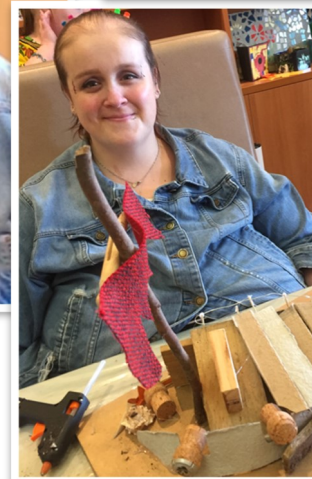
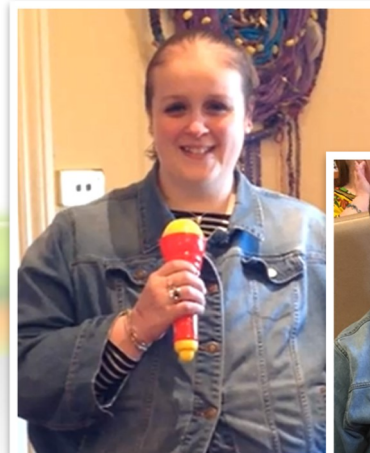
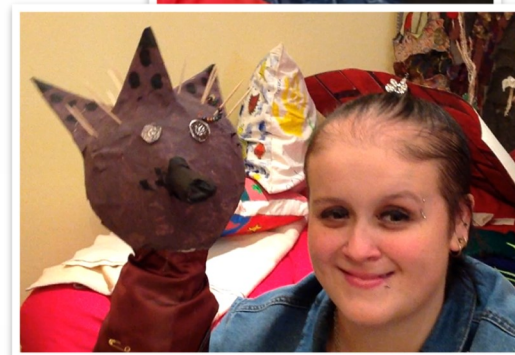
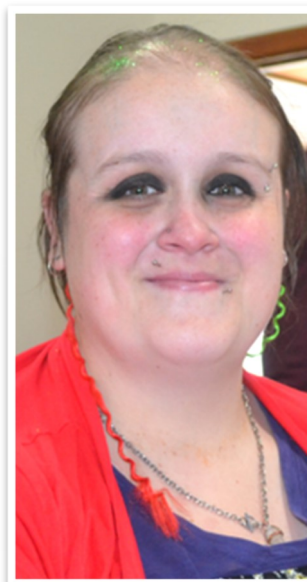
(December 2023)



Jordan engaged in positive interaction during baking. (December 2023)

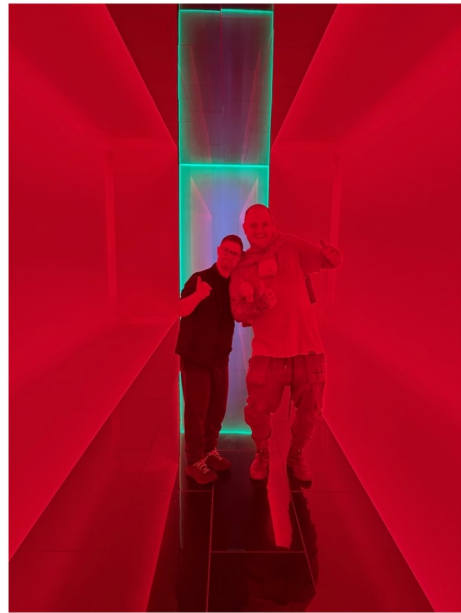
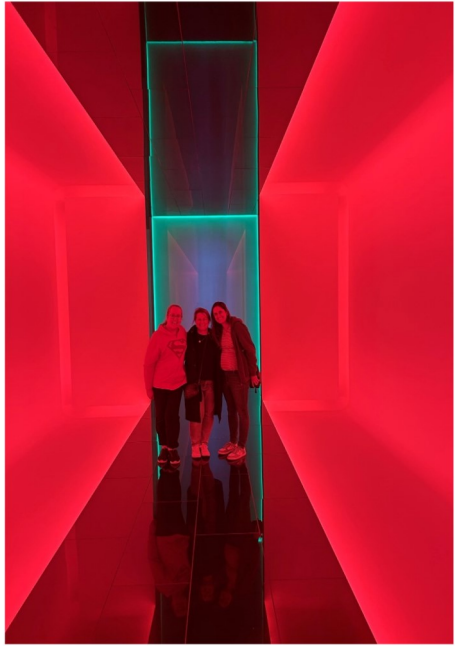
## REMEMBERING

*Jessica Clinch*





## SATURDAY PROGRAM

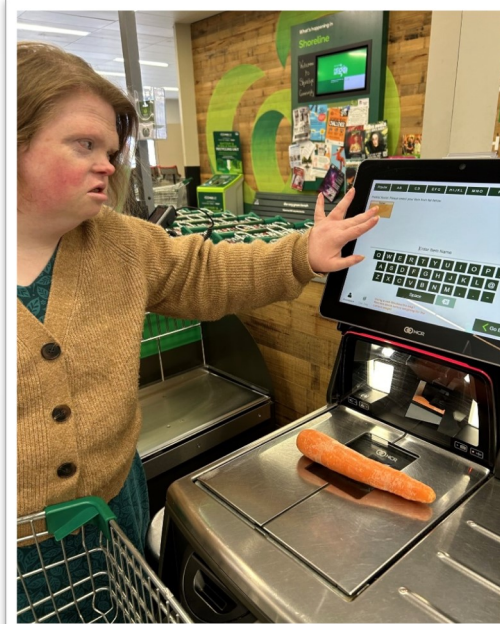


Saturdays Group took a trip to Mona.

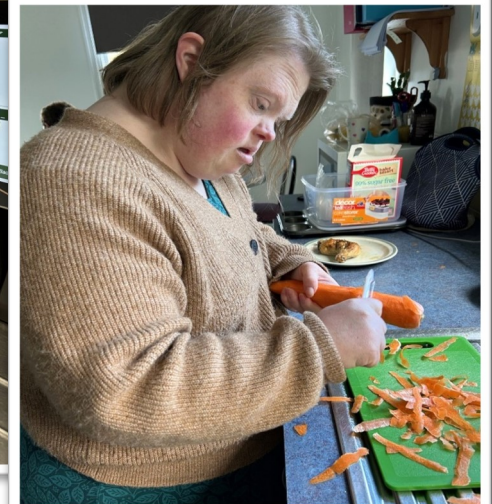
(September 2024)



## INDIVIDUAL SUPPORTS



Sarah did a fantastic job at the self checkout during her individual support.  
(September 2024)



Sarah during individual support, picking strawberries at the Little Berry Farm  
(November 2024)





## INDIVIDUAL SUPPORTS

Craig and Charles took full advantage of the great weather to get out and about in the fresh air and do a spot of fishing. Charles and Craig also visited Bruny Island and had a great time together.

*(Summer 2024)*



Charles fishing at Margate



*(December 2023)*

## SATURDAY PROGRAM

Natasha and Sean created some graffiti art during the Saturday Program.

*(September 2024)*





## SATURDAY PROGRAM



Jacob had a lovely time feeding a wallaby at Zoodoo during the Saturday Program.

(March 2024)



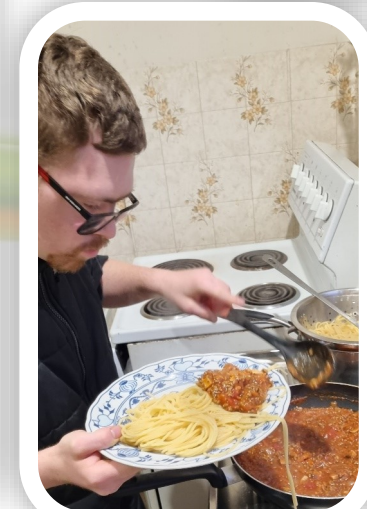
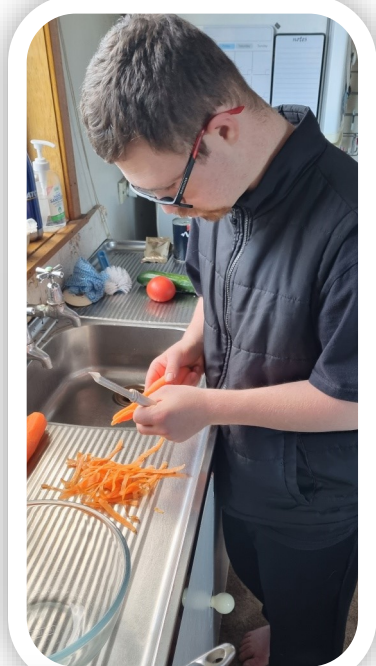
Ben and Tom in the confinement box at the convict area at TMAG during the Saturday Program.

(June 2024)

## INDIVIDUAL SUPPORTS

Thomas enjoyed cooking dinner during his individual support.

(October 2024)





## INDIVIDUAL SUPPORTS

Matthew enjoys cooking during his individual support.  
(October 2024)



## SATURDAY PROGRAM



Saturday Program enduring the Tahune Airwalk

(May 2024)





## SATURDAY PROGRAM



The Saturday Group had a Willow Court tour with Kylie and a BBQ at The Esplanade in New Norfolk .

( June 2024 )



## INDIVIDUAL SUPPORTS

Nick enjoyed a sunny day at Henden Ryse.

(October 2024)



Nick also enjoyed a visit to the Tessellated Pavement on the Tasman Peninsula, Rosedale Homestead in Taranna and then Risdon Brook Dam.

(November 2024)





## INDIVIDUAL SUPPORTS



Sharlette walked to the Rosny lookout.

(February 2024)



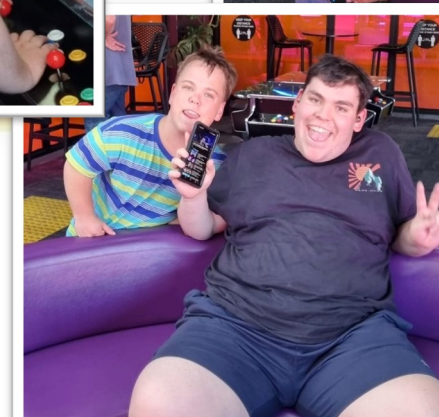
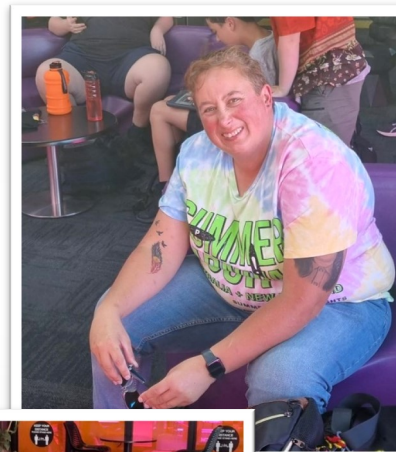
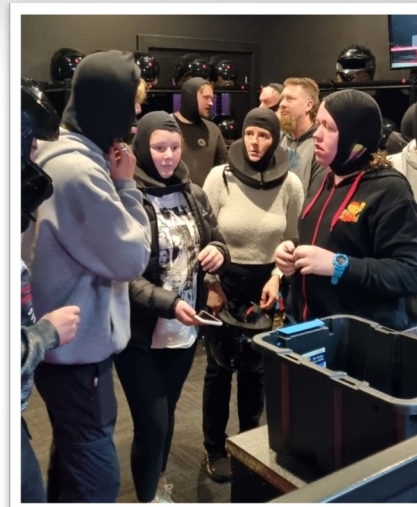
Amanda enjoyed feeding the ducks at Claremont Reserve during her individual Saturday support.

(March 2024)



Jesse pictured here enjoying his weekly Horse Riding Program at Grove.

(October 2024)





## SATURDAY PROGRAM



Saturday Program  
participants always have a  
blast at Hyperdrive

*(March & June 2024)*



## INDIVIDUAL SUPPORTS



Ben enjoyed a BBQ and being  
able to get out into the fresh air.

*(March 2024)*





## INDIVIDUAL SUPPORTS



A great photo of Michael  
"Parkside are number one!"  
(December 2023)



This wall hanging was created by  
Declan and Helen. After making  
the airdry clay they painted the  
discs and hung them from a piece  
of driftwood.

It was a fun collaboration.

(August 2024 )



Laura making snowmen.

## GIRLS WEEKEND AWAY





## GIRLS WEEKEND AWAY



The girls had a weekend away and enjoyed pizza, a movie, lunch out, feeding the ducks and a pamper night.

( June 2024 )

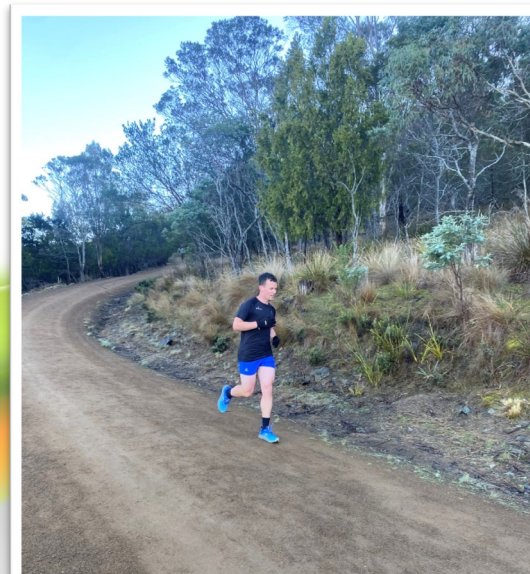


## INDIVIDUAL SUPPORTS



Martin pictured here getting ready for the park run at Risdon Brook Dam earlier this year.

(May 2024)



Martin in action !



## HERDSMANS COVE CANTEEN



On the last day for the year for 2023 our Herdsmans Cove Canteen Crew did a deep clean of the kitchen before being treated to a special Christmas lunch, which included presents and being awarded certificates! What a special day it was .

*(December 2023)*



Photos from the mixed weekend away to River Run Lodge where the participants enjoyed a walk around the grounds and a few games.

*(February 2024)*





## WEEKEND AWAY





## LLANHERNE



Participants at Llanherne cooked up a huge batch of Christmas treats for all our orders.

(December 2023)

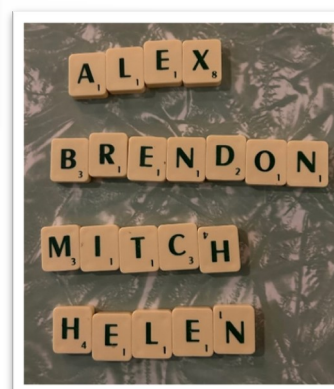


## METROSIDE



Brendon, Mitch and Alex always enjoy getting out and about in the community

(October 2024)





## LIVING OUT LOUD



Ben, John and Hayden playing basketball at the PCYC gym.

(May 2024)



Hayden, Talia, Alice and John enjoying their fishing experience.

(November 2024)





## COOKING PROGRAM

### MOONAH NEIGHBOURHOOD HOUSE



Rhonda, Claire and Julianne

(June 2024)

## LIVING OUT LOUD



As part of the Living Out Loud Program - Ben, John, Brodie and Hayden access the gym at the PCYC and are making great progress.

(May 2024)





## LIVING OUT LOUD



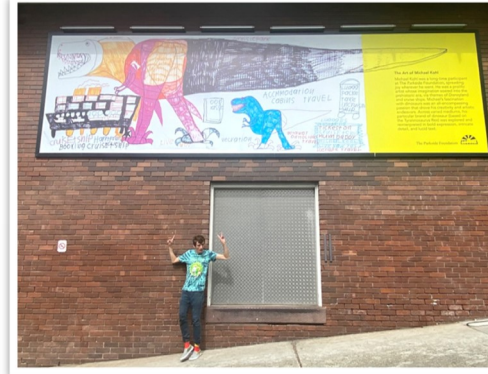
Ben and Hayden enjoyed a bushwalk along the Pipeline Track, stopping off at Silver Falls.

(August 2024 )



## THE LEGACY OF MICHAEL KOHL

We celebrated the artwork of the late Michael Kohl, when it was installed as part of the Hobart City Council's Soap Box Billboards project. Michael's art was on display in Mathers Lane for three months.  
(February 2024)



Alexander celebrating his friend's art.



Alexander and Kylie.



The group from DPH went to the launch opening of Michael's Art on Billboards in Hobart City.

Michael Kohl's family celebrating his Artistic Legacy in Mather's Place.





## DERWENT PARK HOUSE



Natasha, Will and Renee at one of their many lawn bowls outings.

(March 2024)



Natasha, Sandra and Renee



Lawn bowls champions!

## LIVING OUT LOUD

There have been some great outcomes for our Living Out Loud (LOL) group. The group has been hard working down at Llanherne building their outdoor lean-to and flower and toad gardens. This is in an attempt to encourage frogs to come and make homes in the water catchments and plants. This program has literally been built from the ground up and without our talented and engaging staff, this could not have happened.

(March 2024)





## LIVING OUT LOUD



Photos from LOL Program at Sorell Trade School.

John enjoyed checking on and feeding the animals.

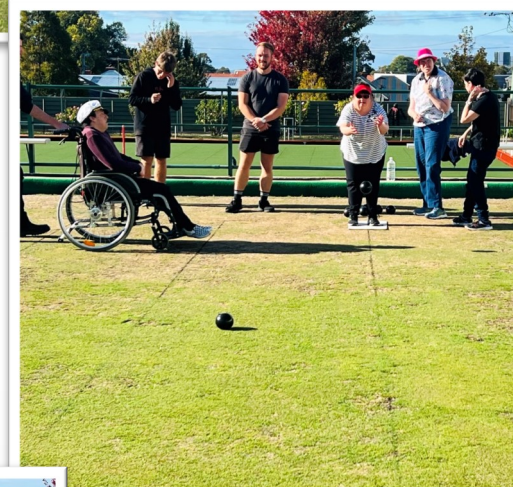
Brodie and John helped create a structure in the paddock for the goats to climb on.

*(March 2024)*



William, Renee, Kelly, Natasha, Nick and Jonathan bowling at North Hobart as part of the DPH Outing Program.

*(March 2024)*





## DERWENT PARK HOUSE

We are so fortunate to have two art tutors at Derwent Park House. Their methods of teaching are so different and we get such great outcomes from this approach. The work participants have produced is so impressive and contributed to the Ability to Create exhibition.

*(March 2024)*



Top to bottom: Andrew, James, Renee and Zoie .

## LIVING OUT LOUD



Ben, Hayden and John made toad houses for the garden.

*(March 2024)*





## LIVING OUT LOUD



Alice sowed sunflower seeds.

*(March 2024)*

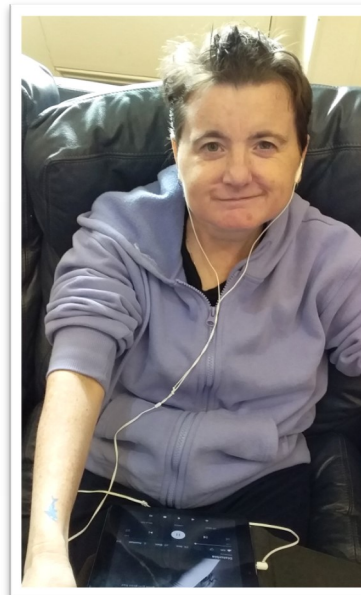


John watered the garden.

*(March 2024)*

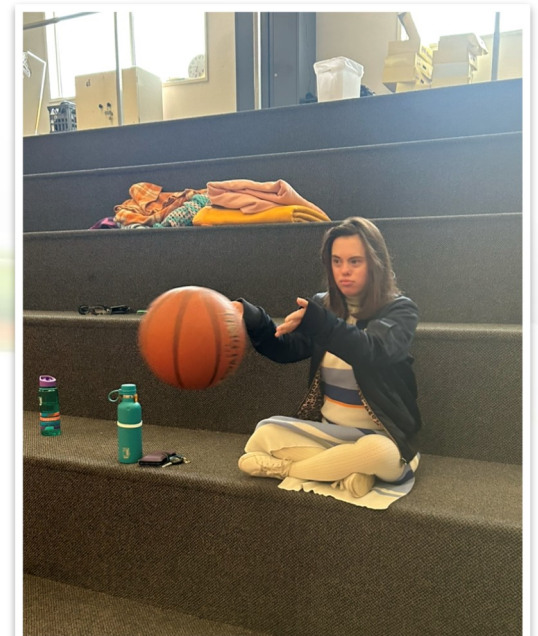
Both Carolyn and Kellie had fun with tutor Sam when she did some skin art designs.

*(March 2024)*



Bianca enjoying the Multi Sports Program in North Hobart.

*(August 2024 )*

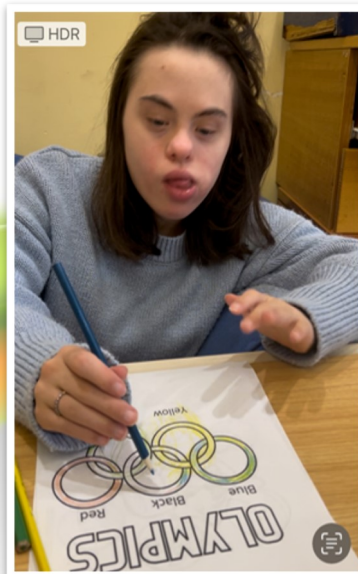




## DERWENT PARK HOUSE



Jonathon at Risdon Brook Dam. (March 2024)



Bianca enjoying the Art Program at DPH.

## LIVING OUT LOUD



Living Out Loud participants - Hayden, Alice, John and Ben enjoyed cooking burgers for lunch. (September 2024)





## LIVING OUT LOUD



Hayden, Kane and John cooked sweet and sour chicken, and John made cupcakes for dessert during the LOL Program.

*(Pictured is Hayden and John)*

*(March 2024)*



## DERWENT PARK HOUSE



Carolyn did a great job during the Cooking Program.

*(March 2024)*



Andrew participating in creative art with tutor Jess at DPH.

*(January 2024)*



Amanda and Michael getting into the Christmas spirit at Cocomo and Co Cafe on the Bellerive boardwalk while on the Café Program.

*(November 2024)*



## DERWENT PARK HOUSE - GYM GROUP



Kelly during the Gym Program.

(March 2024)



Carolyn working hard at her gym session at DPH with personal trainer Ash.

(May 2024)



## LIVING OUT LOUD



John, Ben, Hayden and Alice cooked and enjoyed a chicken pasta dish made during the LOL Program, followed by a walk on the beach after lunch.

(March 2024)





## INSIGHT PROGRAM



Will with the mini cows and sheep.



Riley, Jordan, Craig, Mike and Will enjoying some well earned lunch after completing allocated tasks at the Sorell Trade Training Centre.

## DERWENT PARK HOUSE - GYM GROUP

Carolyn and Michael enjoyed a gym session with Ash.

Carolyn did very well with rope, balls, boxing, steps and weights.

Michael did weights.





## DERWENT PARK HOUSE



Amanda and Jonathon spent time at Benjafield Park.

(March 2024)



During the cooler weather we explored the Rosny library. This is a great activity on the cold, dreary days and still gives people things to see and do within the community. This is such a lovely social opportunity and a great way to connect with others.

(March 2024)

## INSIGHT PROGRAM



InSight Group working on a mural at the Bridgewater Trade Training Centre



Michael checking out the pigs and mini goats.



## INSIGHT PROGRAM



Jordan lawn mowing while on the InSight Program.

*(January 2024)*



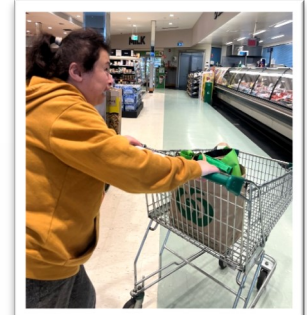
Will and Michael feeding the chickens during the InSight Program at the Sorell Trade Training Centre



## DERWENT PARK HOUSE



*(July 2024)*



Amanda, James and Jonathon out shopping. They all enjoyed the experience.

*(August 2024)*





## DERWENT PARK HOUSE



Everyone enjoyed the outing to Henden Ryse.

(May 2024)



*Pictured is Jarod, Kellie and Nick and James.*



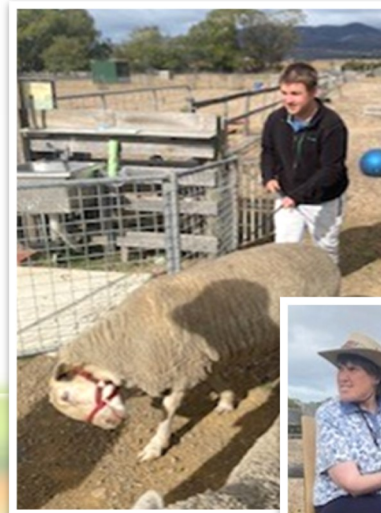
## BRANCHING OUT

March was a huge month where we explored things within our programs that give us meaning and a purpose.

Henden Ryse farm is about 10 minutes from New Norfolk in beautiful Magra. It is facilitated by Kim Wilson, an amazing individual who knows first hand what it is like to live a life with disability.

The Henden Ryse program is such a valuable experience for everyone. We get up close and personal with the animals and get hands-on experience of what it is like to work and live on a farm. There is the added benefit of being around and petting the animals as it is so therapeutic and assists in self-regulation and lowering our blood pressure.

(December 2023)



Renee, Mitchell and Sam at Henden Ryse Farm



## REDWOOD



Graeme enjoyed a walk at Bellerive's Kangaroo Bluff Reserve and exploring Mount Nelson Station Centre.



## GROVE



Participants at Grove planned and shopped for their lunch ingredients before they cooked a meal to enjoy in each others company.

*(September 2024)*



Aaron participating in cooking lunch.



Leanne participating in the Craft Program.



## GROVE



Jesse and Louise enjoying the Craft Program.



Danny and Jesse getting in to the Christmas spirit.



Aaron enjoying his time at Grove.

## REDWOOD



Brendan enjoyed a walk around New Town Nursery and a walk at Taroona Beach.

